



Advanced Orthopedic
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& Sports Medicine Specialists

Michael (Micah) Worrell, DO

Work/Volunteer Experience

2001 – 2002	Patient Representative Aurora South Emergency Room – Aurora, CO
2004 – 2005	H.O.M.E. Homeless Medical Provider Site Coordinator – Glendale, AZ
2001 – 2003	High School Mentor at Local Church – Denver, CO
2004	T.O.P.S. Sports Physicals Volunteer – Glendale, AZ
2005	High School Day at MWU Volunteer – Glendale, AZ
2005	Cuts for Kids Volunteer – Glendale, AZ
2005	MWU P.A. Program Anatomy Teaching Assistant – Glendale, AZ
2010 – 2013	Staff Resident Physician St Joseph’s Hospital – Ypsilanti, MI House Staff Committee Officer – Birmingham, AL
8/2014 - Present	Advanced Orthopedic and Sports Medicine Specialists

Boards

2008 - 2013	Ohio State Medical Board - Training License
2011 - Present	Colorado State Medical Board - Training License
2010 - Present	Michigan State Medical Board - Full Licensure
2013 - Present	Alabama State Medical Board - Full Licensure

Education

8/2013 – 7/2014

Fellowship

University of Alabama, Birmingham
Hand and Upper Extremity Fellowship

7/2009 – 6/2013

Residency

Mercy St. Vincent Medical Center – Toledo, OH
Orthopedic Surgery Residency

7/2008 – 6/2009

Internship

Mercy St. Vincent Medical Center – Toledo, OH
Orthopedic Surgery Internship

2004 – 2008

Medical School

Midwestern University Arizona College of Osteopathic Medicine
Doctor of Osteopathic Medicine
Sigma Sigma Phi Academic Honor Society
Student DO of the Year Nominee - 2004

Under Graduate

- 2001 – 2004 University of Colorado – Denver, CO
Bachelor of Biology
Cum Laude
John C Lincoln Health Scholarship
- 1999 – 2001 University of Kansas – Lawrence, KS
Architectural Design
- 1998 – 1999 Mid America Nazarene University – Olathe, KS
Fine Arts

Memberships

- American Osteopathic Board of Orthopedic Surgeons
Arthroscopy Association of North America
American Society for Surgery of the Hand
Colorado Medical Society

Academic/Professional Associations

- 2004 – 2005 Medical School Student Council, Student Liaison
- 2004 – 2005 American Medical Association Student Liaison
- 2004 – 2008 Student Osteopathic Medical Association Member
- 2004 – 2008 American Medical Student Association Member
- 2004 – 2008 Medical School Surgery Association Member
- 2004 – 2008 American Medical Association Member
- 2004 – Present Christian Medical and Dental Association Member
- 2004 – Present American Osteopathic Association Member
- 2004 – Present Sigma Sigma Phi Academic Honor Society Member
- 2008 – Present American Osteopathic Academy of Orthopedics Candidate Member
- 2008 – Present American Academy of Orthopedic Surgeons Resident Member
- 2011 – Present Arthroscopy Association of North America Resident Member

Courses/Continuing Education

March 2010	Basic Principles and Techniques of Fracture Management—AO North America — Denver, CO
August 2009	Principles and Treatment of Spinal Disorders for Residents—AO North America — Las Vegas, NV
September 2010	Kyphoplasty Credentialing Course — Chicago, IL
May 2012	American Osteopathic Academy of Orthopedics Post Graduate Seminar — White Sulphur Springs, WV
October 2013	American Society for Surgery of the Hand National Meeting — San Francisco, CA

Standardized Examinations

June 2006	COMLEX Board Examination Step I — Score: 634 — 96 th Percentile
November 2007	COMLEX Board Examination Step II — Score: 599 — 90 th Percentile
April 2009	COMLEX Board Examination Step III — Score: 623 — 88 th Percentile
November 2008	Orthopedic In Training Examination #1 — Score: 99 th Percentile YIT
November 2009	Orthopedic In Training Examination #2 — Score: 99 th Percentile YIT
November 2010	Orthopedic In Training Examination #3 — Score: 99 th Percentile YIT
November 2011	Orthopedic In Training Examination #4 — Score: 98 th Percentile YIT
May 2013	AOBOS Written Board Examination — Score: Pass
October 2013	AOBOS Oral Board Examination — Score: Pending

Research

R.E.L.Y. Trial Research Assistant, 2007—Pikes Peak Cardiology
Dabigatran versus Warfarin in Patients with Atrial Fibrillation. N Engl J Med 2009;
361:1139-1151

A.R.I.S.E. Trial Research Assistant, 2007—Pikes Peak Cardiology
Effects of succinobucol (AGI-1067) after an acute coronary syndrome: a randomized, double-blind, placebo-controlled trial. Lancet 2008;371:1761-8

C.R.E.S.C.E.N.D.O. Trial Research Assistant, 2007—Pikes Peak Cardiology
Rimonabant for prevention of cardiovascular events (CRESCENDO): a randomized, multicentre, placebo-controlled trial. *Lancet* 2010; 376: 517-523

Spontaneous Mitral Valve Prolapse in the Absence of Cardiovascular Risk Factors: A Case Report. R Blonder, DO; M Worrell DO; S Coakley, DO—Pending submission

Fractures of the Lateral Process of the Talus: Literature Review.
M Worrell, DO; T Jaeblo, DO—Submitted for Review.

Worrell M: Dupuytren's Disease. *Orthopedics* 2012;35(1): 52-61.
doi: 10.3928/01477447-20111122-23

Worrell, M; Papilion, J: Fractures of the Olecranon Process of the Ulna.
J Am Acad Orthop Surg. Accepted for publication pending revision.

Worrell M, Koepplinger M: Modified Masquelet Technique for Thumb Metacarpal Bone Loss: Case Report. Submitted for review.

Lectures/Presentations

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| 2008 | Fractures of the Lateral Process of the Talus — Mercy St Vincent Medical Center Orthopedic Surgery Trauma Lecture Series |
| 2009 | Minimally Invasive vs Standard Total Knee Arthroplasty — Mercy St Vincent Medical Center Adult Arthroplasty Lecture Series |
| 2011 | Revision Total Hip Arthroplasty — Acetabular Component — Mercy St Vincent Medical Center Adult Arthroplasty Lecture Series |
| 2011 | Fractures of the Femur and Hip — Mercy St Vincent Medical Center Emergency Physician Lecture |
| 2011 | Dupuytren's Disease—Diagnosis and Management — Mercy St Vincent Medical Center Orthopedic Residency Hand Lecture Series |
| 2012 | Olecranon Fractures—Literature Review and Treatment Options — Mercy St Vincent Medical Center Orthopedic Residency Upper Extremity Lecture Series |
| 2012 | Proximal Humerus Fractures—Current Concepts in Management — Mercy St Vincent Medical Center Orthopedic Residency Upper Extremity Lecture Series |
| | Masquelet Technique for Thumb Metacarpal Bone Loss: Case Report. Ohio regional RPAC annual research presentation conference |

Hobbies/Interests

Collegiate Athlete from 1998 –1999, Mid America Nazarene University
Baseball (catcher) and Football (wide receiver)

Triathlete with numerous age group wins, consistently top 10 overall.

Ironman Arizona, Ironman Coeur D’Alene finisher.

Qualification for USA Triathlon National Championships in 2010 and 2011